AUTHORIZED FOR LOCAL REPRODUCTION

MEDICAL RECORD	GROUP MUSCLE STRENGTH, JOINT R.O.M. GIRTH AND LENGTH MEASUREMENTS

PROBLEM AND BRIEF CLINICAL HISTORY

KEY TO MANUAL MUSCLE EVALUATION

100%	5 N	Normal:	Complete range of motion against gravity with full resistance
75%	4 G	Good:	Complete range of motion against gravity with some resistance
50%	3 F	Fair:	Complete range of motion against gravity
25%	2 P	Poor:	Complete range of motion with gravity eliminated
10%	1 T	Trace:	Evidence of contractility but no joint motion
0%	0 O	Zero:	No evidence of contractility

									COMMENTS
DATE ▶									
INDICATE SIDE TESTED ▶									
TRUNK	Extension								
	Flexion								
	Lat. Flexion								
	Quadratus Lumborum								
	Rotation								
HIP	Extension	0-15							
	Flex: Knee Flexed	0-120							
	Flex: Knee Extended								
	Adduction	0-30							
	Abduction	0-45							
	Int. Rotation	0-45							
	Ext. Rotation	0-45							
	Sartorius								
KNEE	Extension	0							
	Flexion	0-135							
ANKLE	Plantar Flex.	0-50							
	Dorsi Flex.	0-20							
	Inversion	0-35							
	Eversion	0-15							
GREAT TOE	Flexion								
	Extension								
2ND TO 5TH TOE	Flexion								
	Extension								
GIRTH AND LENGTH MEASUREMENTS									
CIRCUMFERENCE THIGH									
CIRCUMFERENCE KNEE									
CIRCUMFERENCE CALF									
LENGTH	A.S.I.S. to Med. Malleolus								
LENGTH	Umbilicus to Med. Malleolus								

SIGNATURE	DATE

PATIENT'S IDENTIFICATION *(For typed or written entries, give: Name, last, first, middle; ID no. (SSN or other); hospital or medical facility)*

REGISTER NO.	WARD NO.

GROUP MUSCLE STRENGTH, JOINT R.O.M. GIRTH AND LENGTH MEASUREMENTS
Medical Record

	DATE ▶							
	INDICATE SIDE TESTED ▶							
NECK	Flexion							
	Lateral Flexion							
	Extension							
	Rotation							
SCAPULA	Abduction-Serratus Ant.							
	Adduction							
	Elevation							
	Lower Trapezius							
SHOULDER	Flexion	0-180						
	Extension	0-60						
	Abduction	0-180						
	Adduction	0-75						
	Horizontal Abduction							
	Horizontal Adduction							
	External Rot.	0-90						
	Internal Rot.	0-70						
EL-BOW	Flexion	0-150						
	Extension	0						
FORE-ARM	Supination	0-80						
	Pronation	0-80						
WRIST	Flexion	0-80						
	Extension	0-70						
	Radial Dev.	0-20						
	Ulnar Dev.	0-30						
UPPER EXTREMITY GIRTH MEASUREMENTS								
DIST. FROM FINGER TIP TO DIST. PALM, CREASE								
DISTANCE FROM THUMB TIP TO 5TH DIGIT								
GRIP STRENGTH								
PINCH STRENGTH								
COMMENTS								

	DATE ▶							
	INDICATE SIDE TESTED ▶							
THUMB	CMC Palmar Abd.	0-70						
	Radial Abd.	0-70						
	Flexion	0-15						
	Adduction	0						
	MP Extension	0						
	Flexion	0-50						
	IP Extension	0-20						
	Flexion	0-80						
	Opponens Pollicis							
INDEX	2nd MP Ext.	0-45						
	MP Flex.	0-90						
	Abduction							
	Adduction							
	PIP Ext.	0						
	PIP Flex.	0-100						
	DIP Ext.	0						
	DIP Flex.	0-90						
MIDDLE	3rd MP Ext.	0-45						
	MP Flex.	0-90						
	Abduction							
	PIP Ext.	0						
	PIP Flex.	0-100						
	DIP Ext.	0						
	DIP Flex.	0-90						
RING	4th MP Ext.	0-45						
	MP Flex.	0-90						
	Abduction							
	Adduction							
	PIP Ext.	0						
	PIP Flex.	0-100						
	DIP Ext.	0						
	DIP Flex.	0-90						
LITTLE	5th MP Ext.	0-45						
	MP Flex.	0-90						
	Abduction							
	Adduction							
	PIP Ext.	0						
	PIP Flex.	0-100						
	DIP Ext.	0						
	DIP Flex.	0-90						
	Adb. Digiti Minimi							
	Opp. Digiti Minimi							